



UNIFIED FIRE PREVENTION SAFETY TIPS

COOKING SAFETY

COOK WITH CAUTION

BE ON ALERT

If you are sleepy, or under the influence of drugs or alcohol, don't use the stove or stovetop.

STAY IN THE KITCHEN

While you are frying, boiling, or grilling food. If you leave the kitchen, turn off the stove.

CHECK IT OFTEN

If you are simmering, baking, or roasting food, use a timer to remind you that you are cooking.

OBJECTS CATCH FIRE

Keep oven mitts, wooden utensils, food packaging, towels, etc., away from your stovetop.

Did you know...

Cooking fires are the #1 cause of home fires and home injuries.

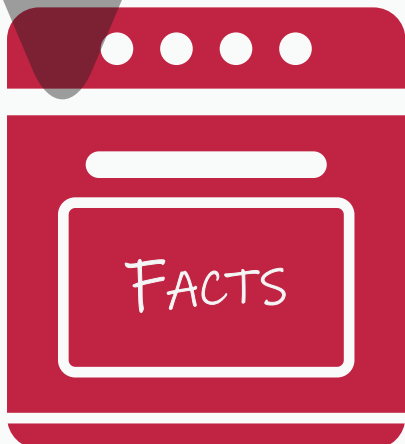
COOKING AND KIDS

Have a "kid-free zone" of at least 3 feet around the stove, and areas where hot food or drink is prepared, or carried.



The leading cause of fires in the kitchen is unattended cooking.

Most cooking fires in the home involve the kitchen stove.



If there's a small (grease) cooking fire and you...

DECIDE TO FIGHT THE FIRE

On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner (cover until cool). For an oven fire, turn off the heat and keep the door closed.

HAVE DOUBT ABOUT FIGHTING THE FIRE

Just get out! When you leave, close the door behind you to help contain the fire. Call 9-1-1, or the local emergency number once you are safely outside the home.

TO LEARN MORE ABOUT COOKING SAFETY AND OTHER FIRE SAFETY TIPS

unifiedfire.org/fire-safety

